



Connection Support Group

NAMI Solano County Connection Consumer Support Groups are guided by trained peer facilitators and provide a confidential, weekly recovery support group for people living with mental illness regardless of their diagnosis. People learn from each others' experiences, share coping strategies, group wisdom and offer each other encouragement and understanding.

Connection meets weekly for 90 minutes and is offered free of charge. Connection follows a flexible structure without an educational format and does not recommend or endorse any medications or other medical therapies.

Schedule 2016 - 2017

Circle of Friends

349 Travis Blvd. Fairfield CA. 94533

Every **WEDNESDAY 1 pm– 2:30 pm**

Location phone# (707) 673-2838

Crestwood – Our House

2201 Tuolumne St. Vallejo, CA. 94589

First Tuesdays – 7:00 – 8:30 PM

CONTACT INFO NAMI Solano County (707) 422-7792 NAMI Solano Warm Line: (707) 422-7792
P.O. Box 3334 Fairfield, CA 94533 NamiSolanoCounty@sbcglobal.net www.nami.org